# **MCES Inpatient Services:**

Inpatient care helps patients understand their illness and develop healthy behaviors and supports.

The treatment team made up of a psychiatrist or psychiatric nurse practitioner, psychiatric nurse, continuity of care caseworker, and allied therapist. Psychiatric technicians provide around-the-clock support Physician assistants manage medical care needs.

## Treatment addresses:

- Psychiatric disorders and cooccurring substance issues
- Support systems, strengths and community connections
- Individual and group therapy
- and discharge plans

Care is coordinated with outpatient providers as available and involves family members as appropriate.

## Other MCES Services:

- 24/7 Crisis Center and Hot Line offering help with behavioral health emergencies.
- A psychiatric emergency medical service (EMS)
- Mental health crisis intervention training to criminal justice professionals and other emergency responders.
- Information on suicide and suicide prevention.





# Inpatient Psychiatric Care Program



Montgomery County
Emergency Service
50 Beech Drive
Norristown, PA 19403
610-279-6100
www.mces.org
@MCES1

## **About MCES:**

MCES is a free-standing, private, not-for-profit psychiatric hospital, licensed by the Pennsylvania Department of Human Services and the Pennsylvania Department of Health, and fully accredited by The Joint Commission.

MCES has been providing emergency psychiatric and mental health services to Montgomery County and southeastern Pennsylvania since 1974.

All MCES services are trauma aware, promote recovery and respect patient dignity, privacy, autonomy and self-sufficiency, and strengths.

MCES services are evidencedbased and incorporate the accepted best practices of providers in comparable settings.

# **Inpatient Care at MCES:**

MCES serves adults age 18 and older who are experiencing potentially life threatening psychiatric emergencies involving acute disturbances of thought, mood, or behavior associated with serious mental illness.

MCES stabilizes the most acute patient symptoms and works to develop better social and coping skills to manage their stressors and triggers.

The aim of inpatient treatment is to develop a plan for the continuity of care after discharge and give patients the tools they need to improve their wellness and quality of life at home and in the community.

MCES has referral relationships with residential and outpatient providers throughout the region to meet ongoing aftercare needs.

# **Inpatient Admission:**

MCES accepts referrals from patients, family members, outpatient providers, hospital emergency departments, and other sources.

At admission, each patient receives a comprehensive psychiatric evaluation and nursing assessment.

Medical, social and trauma histories are thoroughly reviewed.

Admission is based upon the need for an intensive level of psychiatric care, the availability of a bed, and MCES's ability to safely and effectively treat the patient's condition.

MCES provides care to patients on a voluntary or involuntary basis.

MCES accepts Medicare, Pennsylvania Medicaid, Blue Cross, other private health insurance and managed care plans.

Individual payment arrangements are available.