#### ABOUT MCES

Montgomery County Emergency Service, Inc. offers services to individuals and families dealing with behavioral health crises associated with mental illness, substance abuse, or both. These services include:

- A Crisis Hotline
- Telephone Support
- Walk-In Service
- Emergency Evaluation
- Inpatient Care
- Aftercare Planning
- Ambulance Service

MCES also offers community outreach, education, and forensic services to the criminal justice system in dealing with individuals with serious behavioral health problems or developmental disabilities.

MCES is a non-profit corporation founded in 1974. It is a licensed provider of inpatient and outpatient psychiatric services and drug and alcohol services and is accredited by The Joint Commission.

MCES has a long record of innovation in serving individuals with serious mental illness. We have been nationally recognized many times over the years as a model for the provision of crisis intervention services and for diverting mental health consumers who become involved with the criminal justice system from incarceration, when appropriate. We are often visited by representatives from other states and organizations interested in adopting our structure and practices.

#### DIRECTIONS TO MCES







610-279-6100 • www.mces.org



# WHAT IS CAROL'S PLACE

Carol's Place is a voluntary, consumer-oriented program that serves as an alternative to inpatient care for individuals who are experiencing an acute psychiatric crisis but do not meet the criteria of dangerousness that is required for inpatient treatment. This service may be used as a step-down from an inpatient hospital setting.

Carol's Place is set in a home-like setting, an environment that promotes healing. Treatment is provided with the intent of resolving the issues that prompted the crisis and identifying needed supports in the community to prevent them from reoccurring again.

Carol's Place provides a level of care that complements the range of services in Montgomery County. The program has an eight bed capacity and is located on the grounds of Norristown State Hospital at 1105 Sterigere Street, Norristown, PA. It is a handicap accessible treatment facility, staffed 24 hours a day, 7 days a week.

### CAROL'S PLACE MISSION

Carol's Place provides adults experiencing mental health crises with a warm home-like setting where they can acquire tools for self-awareness and self-care designed to increase stability and foster personal wellness and recovery.

Whether a client is referred from the community or is stepping down from inpatient treatment setting, our goal is the same: to support their finding a place within themselves where choice happens. This, coupled with outstanding case management, medication management services, as well as group and individual therapy supports clients in moving forward in their lives.



## CAROL'S PLACE SERVICES

The foundation of Carol's Place is based on the belief that goals of treatment are best defined by the consumer, and that staff collaborates to provide tools to achieve those goals. Developing and maintaining a sense of hope, meaning and purpose, and abilities to assume responsibility for managing disabilities are important pillars of the program.

Carol's Place offers:

- Nursing and Psychosocial Assessment
- Psychiatric Assessment
- Individualized Treatment Planning
- Individual and Group Counseling
- Dual Diagnosis Education
- Social and Recreational Activities
- Twelve Step Meetings
- Linkages to Community Supports
- Discharge Planning and Follow-up
- Advocacy and Support
- Relapse Prevention/Symptom Management
- Medication Education
- Integrated Dual Disorders Treatment
- Pet Therapy
- Treatment Planning/Aftercare Planning
- 24 Hour Observation/Supervision

### CAROL'S PLACE ELIGIBILITY

The Carol's Place serves individuals age 18 and older who voluntarily accept mental health treatment and:

- are at risk of hospitalization;
- need an emotionally supportive treatment milieu to facilitate crisis resolution; and/or
- need assistance to establish or improve a support system.

Medicaid (Magellan Behavioral Health and PA fee-forservice) and some private insurances are accepted (please call for more information). Private pay arrangements are available.

# CAROL'S PLACE ADMISSIONS AND REFERRALS

Carol's Place accepts referrals for direct admission 24 hours per day, 7 days per week. Referrals are accepted from any source, including, but not limited to:

- Consumers
- Family Members
- Case Managers
- Mental Health Providers
- Emergency Rooms
- Psychiatric Hospitals

#### Carol's Place

Building Better Tornorrows

Montgomery County Emergency Service, Inc.

50 Beech Drive Norristown, PA 19403-5421 Phone: 610-279-6100 Fax: 610-279-0978

Crisis Residential Phone: 610-631-2480 Fax: 610-631-2485