

Montgomery County Emergency Service

Crisis Intervention Specialist Police School

The Montgomery County Emergency Service (MCES) provides a three-day Crisis Intervention Specialist (CIS) School for law enforcement and criminal justice personnel. The CIS School is designed to train law enforcement and criminal justice personnel in dealing with mental health consumers in crisis.

The school is provided to all levels of the law enforcement and criminal justice communities to help them understand and deal more effectively with a mentally ill individual. The school focuses on crisis intervention, mental health law, competency, mental health disorders, mental retardation, substance abuse, suicide, medications and terminology. The first two days of the school are spent in the classroom; while the third day is spent in the hospital or in the community with trained and experienced mental health professionals. This third day helps the officers identify mental illness, and they learn through first hand experience the appropriate ways to deal with those individuals who suffer from a severe mental health disorder. All workbooks and materials will be provided.

CIS certified officers will provide:

- Crisis Intervention & stabilization
- Interview & assessment
- Conflict resolution
- Forensic diversion to avoid incarceration and criminalization of the mentally ill
- Referral to appropriate community-based services

The CIS officer will also work in conjunction with the traditional mental health system to promote stability, ensure integration of services/treatment while attempting to reduce hospitalization and incarceration.

Basic School

- Two days of classroom work with guest lectures by experts in the field of MH, MR, D&A and the National Alliance for the Mentally Ill.
- One day of direct experience with a mental health professional.

The school focuses on a wide array of topics, which are tailored to fit the needs of law enforcement and criminal justice personnel in the community they serve. These topics include:

Introduction To Forensic Mental Health And Jail Diversion

- Treatment options vs. criminalization
- Forensic Diversion
- County & State options
- Trans-Institutionalization

Overview Of The Mental Health System In Pennsylvania (State And County)

- Overview of systems (County & State)
- Accessing systems (MH, MR, D&A)
- Making referrals to the appropriate treatment system/facility

Mental Health Law And Treatment Options

- Civil Law & Criminal Law
- Voluntary treatment options - 201
- Involuntary treatment options - 302
- Competency Evaluations & Common pleas Orders

Crisis Intervention

- Verbal & non-verbal de-escalation techniques
- Interaction techniques with consumers in crisis
- Active listening skills
- Limit setting
- Weapons identification & safety
- Role Play

NAMI - In Our Own Voice: Living with Mental Illness

- Presenter, video, direct interaction with students
- Presentation provided to all CIS schools
- NAMI information/material presented

Psychiatric Medication

- Overview of all current psychiatric medications
- Dosage range for all medications
- Indications for psychiatric medications
- Side-effect understanding and identification

Mental Illness (“Psych-101”)

- Psychiatric Glossary/terminology
- Overview of personality disorders
- Signs & Symptoms of mental illness
- Overview of mental illness & behavioral disabilities
- Overview of Axis I through V
- Negotiation strategies

Substance Abuse

- Overview and understanding of substance abuse:
 - Alcohol Abuse
 - Heroin Abuse
 - Benzodiazepine Abuse

Suicide Awareness

- Suicide statistics
- Risk Factors
- Suicide Awareness
- Signs & Symptoms
- Warning signs
- How to help a suicidal person
- Making appropriate referrals

Advanced School - Three Days

Two days of classroom work, including guest lectures by experts in the field of MH, MR and D&A.

- One day of direct experience with a mental health professional.
- Crisis Negotiations - Active Listening
- Suicide by Cop
- Predatory behavior - focusing on stalking
- Sex crimes as it applies to MH, MR, D&A (paraphilias)
- Stress Management as it applies to law enforcement
- Anger Management
- Role Plays
- Each Advanced School is tailored to the needs of the class.

**For more Information, call
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or**

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About MCES:

Montgomery County Emergency Service, Inc. (MCES) is a non-profit hospital founded in 1974 and is nationally renowned and considered a model program by the United States Department of Justice, LEAA, and the Public Citizen's Research Group. MCES sets the highest standards for care and continues to develop new and innovative programs to assist law enforcement agencies in dealing with mental health, behavioral and substance abuse issues. MCES is accredited by the Joint Commission for the Accreditation of Health Care Organizations, Department of Public Welfare and the Department of Health, Office of Drug and Alcohol Program. MCES provides services twenty-four hours a day, seven days a week and services include:

- Crisis Hotline
- Walk-In Service
- Emergency Psychiatric Evaluations
- Inpatient (Mental Health, Behavioral and Drug and Alcohol)
- Crisis Residential Program
- Ambulance Services
- Criminal Justice and Forensic Services
- Community Outreach
- Intensive Case Management Services

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**Crisis Intervention
Specialist**

**CIS
Police School**

***A Crisis Intervention School
for Law Enforcement and
Criminal Justice Personnel***